

Resource List

Responding to Intimate Partner Violence and Substance Use: Sex-, Gender-, and Equity-Based Approaches

September 16, 2025

Aventa: Centre of Excellence for Women with Addictions

<https://aventa.org/>

BC Society of Transition Houses

Reducing Barriers to Support for Women Fleeing Violence: A Toolkit for Supporting Women with Varying Levels of Mental Wellness and Substance Use

<https://bcsth.ca/publication/reducing-barriers-to-support-for-women-fleeing-violence/>

Bobbie Jacobson

The Ladykillers: Why Smoking is a Feminist Issue

<https://www.amazon.ca/Ladykillers-Why-Smoking-Feminist-Issue/dp/0861043413>

Centre of Excellence for Women's Health

<https://cewh.ca/>

Centre of Excellence for Women's Health

A Digital Handbook on Wraparound Programs

<https://cewh.ca/wp-content/courses/A-Digital-Handbook-on-Wraparound-Programs/#/>

Centre of Excellence for Women's Health

Mothering and Opioids: Addressing Stigma – Acting Collaboratively

<https://cewh.ca/wp-content/uploads/2019/11/CEWH-01-MO-Toolkit-WEB2.pdf>

Cristine Urquhart, Frances Jasiura, Nancy Poole, Tasnim Nathoo and Lorraine Greaves

Liberation! Helping Women Quit Smoking: A Brief Tobacco-Intervention Guide

https://cewh.ca/wp-content/uploads/2012/05/2012_Liberation-HelpingWomenQuitSmoking.pdf

Dawn Nickel, PhD

She Recovers Every Day: Meditations for Women

<https://dawnnickel.com/book/>

Government of Canada

WHO Facts on Alcohol and Violence: Intimate partner violence and alcohol

<https://www.canada.ca/en/public-health/services/health-promotion/stop-family-violence/prevention-resource-centre/women/who-facts-on-alcohol-violence-intimate-partner-violence-alcohol.html>

Health Canada

Family Violence and Substance Abuse

<https://publications.gc.ca/collections/Collection/H72-22-14-1994E.pdf>

Jean Kilbourne

Deadly Persuasion: Why Women and Girls Must Fight the Addictive Power of Advertising

<https://www.amazon.ca/Deadly-Persuasion-Women-Addictive-Advertising/dp/0684865998>

The Jean Tweed Centre for Women & Their Families

Trauma Matters: Guidelines for Trauma-Informed Practices in Women's Substances Use Services

<https://jeantweed.com/wp-content/uploads/2021/11/Trauma-Matters-online-version-August-2013.pdf>

Dr. Kristin Neff

Fierce Self-Compassion: How to Harness Kindness to Speak Up, Claim Your Power, and Thrive

<https://www.amazon.ca/Fierce-Self-Compassion-Harness-Kindness-Thrive/dp/006299106X>

Larry Bennett and Patricia Bland

Substance Abuse and Intimate Partner Violence

https://vawnet.org/sites/default/files/materials/files/2016-09/AR_SubstanceRevised.pdf

Leslie Meredith, Centre for Research and Education on Violence Against Women and Children

Establishing Links: Violence Against Women and Substance Abuse

https://www.learningtoendabuse.ca/resources-events/pdfs/pub_meredith19961.pdf

Lisa M. Najavits, PhD

Finding Your Best Self: Recovery from Addiction, Trauma, or Both

<https://www.amazon.ca/Finding-Your-Best-Self-Revised/dp/1462539890>

Lorraine Greaves

Smoke Screen: Women's Smoking and Social Control

<https://fernwoodpublishing.ca/book/smoke-screen>

Lorraine Greaves and Natalie Hemsing

Sex and Gender Interactions on the Use and Impact of Recreational Cannabis

<https://www.mdpi.com/1660-4601/17/2/509>

Lorraine Greaves, AC Brabete, N Poole, E Huber, and J Stinson

Vaping guidance and women's decision-making during pregnancy and postpartum

<https://pubmed.ncbi.nlm.nih.gov/39877312/>

Lorraine Greaves, Ann Pederson, and Nancy Poole

Making It Better: Gender-Transformative Health Promotion

<https://promotinghealthinwomen.ca/book/>

Louise Godard, Jill Cory, Alexxa Abi-Jaoude, Karen McAndless-Davis, and Naomi Armstrong

Making Connections: Supporting Women with Experiences of Violence, Substance Use and/or Mental Health Concerns

http://www.bcwomens.ca/Professional-Resources-site/Documents/Addressing%20Gender-Based%20Violence/MakingConnections_2013_March.pdf

Nancy Poole and Lorraine Greaves

Highs and Lows: Canadian perspectives on Women and Substance Use

<https://www.amazon.ca/Highs-Lows-Canadian-Perspectives-Substance-ebook/dp/B01435I2KC>

Native Women's Association of Canada

You Are Not Alone: a toolkit for Aboriginal women escaping domestic violence

<https://www.nwac.ca/assets-knowledge-centre/NWAC-You-Are-Not-Alone-Handbook-with-weblinks.pdf>

Scott, S. & Hovey, A.

Harm reduction framework. Ontario Association of Interval and Transition Houses.

<https://www.oaith.ca/assets/library/Harm-Reduction-Framework-English.pdf>

Sex, Gender & Cannabis Hub

<https://sexgendercannabishub.ca/>

SHE RECOVERS Foundation Canada

<https://sherecovers.org/canada/>

Stephanie S. Covington

Beyond Anger and Violence: A Program for Women

<https://www.stephaniecovington.com/books/bookstore/beyond-anger-and-violence-a-program-for-women/>

Stephanie S. Covington

A Woman's Journal Helping Women Recover: A Program for Treating Addiction

<https://www.stephaniecovington.com/books/bookstore/helping-women-recover-a-program-for-treating-addiction/>

Strong Women

<https://cewh.ca/current-projects/strong-women/>

SURE

Co-Creating Evidence Evaluation Report: Stories and Outcomes of Wraparound Program Reaching Pregnant and Parenting Women at Risk

<https://www.substanceuse.ca/co-creating-evidence-evaluation-report-stories-and-outcomes-wraparound-program-reaching-pregnant>

SURE and Thunderbird Partnership Foundation, Canadian Centre on Substance Use and Addiction (CCSA) and University of Saskatchewan

From Stilettos to Moccasins

<https://www.substanceuse.ca/stilettos-moccasins>

Thunderbird Partnership Foundation

Motivational Interviewing Toolkit: for NNADAP/YSAP Treatment Centre and Community Workers

https://helpwithdrinking.ca/wp-content/uploads/2023/10/TBPF-motivational_interviewing_toolkit.pdf

Thunderbird Partnership Foundation.

Methamphetamines: Information to Support a Return to Wellness. National Native Addictions Partnership Foundation.

<https://thunderbirdpf.org/?resources=crystal-meth-information-to-support-a-return-to-wellness>

T. Nathoo, N. Poole, L. Wolfson, R. Schmidt, N. Hemsing, K. Gelb

Doorways to Conversation: Brief Intervention on Substance Use with Girls and Women

https://cewh.ca/wp-content/uploads/2018/06/Doorways_ENGLISH_July-18-2018_online-version.pdf

Women's College Hospital

Domestic Violence, Sexual Assault & Anti-Trafficking Online Learning

<https://www.womensacademics.ca/learning/online-learning/>